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# CHECKLIST

~What you will need when you leave~

- Identification
  - Driver's License
  - Children's Birth Certificates
  - Your Birth Certification
  - Money
  - Lease, House Deed
  - Bank Books
  - Check Books
  - Insurance Papers
  - House & Car Keys
  - Medications
  - Small Saleable Items
  - Important Phone Numbers
  - Address Book
  - Pictures
  - Medical Records
  - Social Security Cards
  - Welfare Identification
  - School Record
  - Children's Small Toys
  - Divorce Papers
  - Green Cards
  - Passport
  - Work Permits
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## DOVE, INC. Domestic Violence Escape

Local 24 hour Crisis Line (906) 932-0310  
Toll Free Crisis Line 800-711-6744  
Business Line (906) 932-4990

### ~LAW ENFORCEMENT~

Ironwood Public Safety (906) 932-1234  
Gogebic Co. Sheriff (906) 667-0203  
Michigan State Police (906) 224-9691  
Marenisco Police (906) 787-2300  
Watersmeet Police (906) 358-4313  
Hurley City Police (715) 561-3544  
Iron County Sheriff (715) 561-2345  
Wisconsin State Patrol (715) 635-2141

### ~LEGAL SERVICES & RESOURCES~

Gogebic County Prosecuting Attorney  
(906) 667-0471  
  
Michigan Lawyer Referral Service and Michigan Bar  
800-968-0738  
  
Gogebic County Legal Aid  
(906) 667-0285  
  
Iron County District Attorney & Victim Services  
(715) 561-5671  
  
Wisconsin Lawyer and Referral Hotline  
800-362-9082  
  
Wisconsin Judicare  
800-472-1638

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## DOVE, INC. DOMESTIC VIOLENCE ESCAPE

24 - Hour Free Professional &  
Confidential Services for  
Domestic & Sexual Violence



# Safety Plan

## Whether or not you feel able to leave, there are things you can do to make yourself and your family safer.

### If you are at home & you are being threatened or attacked:

- **Stay away from the kitchen** (the abuser can find weapons, such as knives, there)
- **Stay away from bathrooms**, closets or small spaces where the abuser can trap you.
- **Get to a room with a door** or window to escape.
- **Get to a room with a phone** to call for help; lock the abuser outside if you can.
- **Call 911** (or your local emergency number) **right away for help**; get the dispatcher's name.
- Think about a neighbor or friend you can run to for help.
- If a police officer comes, tell him/her what happened; **get his/her name & badge number.**
- **Get medical help** if you are hurt.
- **Take pictures** of bruises or injuries.
- **Call a domestic violence program or shelter** (DOVE, Inc. information is listed in this brochure) ask them to help you make a safety plan.

## Protect Yourself at Home

- Learn where to get help; **memorize emergency phone numbers.**
- **Keep a phone** in a room you can lock from the inside; if you can, get a cellular phone that you keep with you at all times.
- If the abuser has moved out, **change the locks on your door**; get locks on the windows.
- **Plan an escape route** out of your home; teach it to your children.
- Think about where you would go if you need to escape.
- **Ask your neighbors** to call the police if they see the abuser at your house; make a signal for them to call the police, for example, if the phone rings twice, a shade is pulled down or a light is on.
- **Pack a bag** with important things you'd need if you had to leave quickly; put it in a safe place, or give it to a friend or relative you trust.
- Include **cash, car keys & important information** such as: court papers, passport or birth certificates, medical records & medicines, immigration papers.
- **Get an unlisted phone number.**
- **Block caller ID.**
- **Use an answering machine**; screen the calls
- **Take a good self-defense course**

## Protect Your Children

- **Teach them not to get in the middle of a fight**, even if they want to help.
- **Teach them how to get to safety**, to call 911, to give your address & phone number to the police.
- **Teach them who to call for help.**
- **Tell them to stay out of the kitchen.**
- **Give the principal at school or the daycare center a copy of your court order**; tell them not to release your children to anyone without talking to you first; use a password so they can be sure it is you on the phone; give them a photo of the abuser.
- **Make sure the children know who to tell at school if they see the abuser.**
- **Make sure that the school knows not to give your address** or phone number to ANYONE.
- **Change your regular travel habits.**

## Protect Yourself Outside of Home

- Try to **get rides with different people.**
- **Shop and bank in a different place.**
- **Cancel any bank accounts** or credit cards you shared; open new accounts at a different bank.
- **Keep your court order and emergency numbers with you at all times.**
- **Keep a cell phone & program it to 911.**